

EAT. DRINK. SOCIALIZE.

METLIFE MARKETPLACE

Breakfast Monday – Friday 7:30 am – 9:30 am

Lunch Monday – Friday 11:30 am – 2:00 pm

WEEK OF SEPTEMBER 14TH



RISE & SHINE BREAKFAST SPECIALS

Monday: morning fiesta wrap with black bean burger bites, scrambled eggs, pico de gallo, grilled jalapeno, romaine, cilantro & cheddar jack cheese in a flour tortilla	5.00
Tuesday: country fried steak biscuit with sausage gravy	4.75
Wednesday: morning fiesta wrap with black bean burger bites, scrambled eggs, pico de gallo, grilled jalapeno, romaine, cilantro & cheddar jack cheese in a flour tortilla	5.00
Thursday: country fried steak biscuit with sausage gravy	4.75

Mon

Flame Grill: buffalo chicken smash burger tacos (2pc) with slaw	6.70
Kitchen & Co.: curry roasted chicken & tofu, mango chutney, roasted carrots with cumin & mint, baharat sweet potato hash, steamed vegetable medley	\$.55/oz
Bibimbap: choice of bulgogi chicken, tempura shrimp or gochujang tofu, served over rice with a fried egg, assorted vegetables & toppings	9.40/10.00

Tues

Flame Grill: tater tot toss with hoisin pork with kimchi, pickled cucumber strips & sriracha honey sauce	6.70
Mezze-Plates: shawarma spiced shrimp, falafel, saffron rice, harissa roasted cauliflower, turmeric pickled cucumbers, harissa marinated chickpeas, assorted toppings & pita	\$.55/oz
Walking Tacos: choice of pork chili verde or vegan chorizo chili topped with assorted toppings & served over choice of doritos or fritos	10.00

Wed

Flame Grill: buffalo chicken smash burger tacos (2pc) with slaw	6.70
Big City BBQ: texas style shredded pork, shredded chipotle chicken, bbq tofu, slider buns, cucumber & onion salad, skillet style street corn, baked pimento mac & cheese,	\$.55/oz
Rhythm & Roux: choice of shrimp etouffee or plant-based sausage gumbo, served with red beans & rice, smothered cabbage, succotash salad & fried okra	10.00

Thurs

Flame Grill: tater tot toss with hoisin pork with kimchi, pickled cucumber strips & sriracha honey sauce	6.70
Fish & Chip Shop: crispy breaded flounder, steamed old bay shrimp, wedge fries, coleslaw, roasted vegetable medley, hush puppies, remoulade, tartar sauce	\$.55/oz
Ginger Republic: choice of peking beef or sesame tofu served with vegetable lo mien & choice of pot stickers or vegetable eggrolls	9.40/10.50

Fri

Kitchen & Co.: chef's selection	\$.55/oz
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WEEKLY FEATURES

ITEMS AVAILABLE ALL WEEK PICCOLA ITALIA

cheese flatbread	5.50
meat flatbread	5.50
veggie flatbread	5.80
hand tossed meatball pizza	6.30
plant-based supreme pizza with mozzarella	6.30

BUTCHER & BAKER

chopped italian hoagie with ham, salami, pepperoni, provolone, tomato, banana peppers, onions & lettuce	6.70
bbq chicken club with bacon, cheddar, lettuce, tomato & bbq mayo on brioche	6.70
caprese wrap with fresh mozzarella, tomatoes, arugula & pesto mayo in a spinach tortilla	6.70



MET CAFÉ

Download and order with the app today!

SOUPS

TUESDAY

chicken & vegetable	12 oz 3.50
	16 oz 4.60

WEDNESDAY

wicked thai chicken & rice	12 oz 3.50
	16 oz 4.60

THURSDAY

beef & bean chili	12 oz 3.50
	16 oz 4.60

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